



Memory Care Scoop



SEPTEMBER 2018

WHISPERING KNOLL ASSISTED LIVING

Phone # (732) 744 - 5541

www.whisperingknoll.org

Fax # (732) 549 - 3812

**Please join
us for our Annual
“Grandparent’s Day
Festivities”
On
Sunday,
September 9th
From
11:00am - 2:00p!**

**Resident Corner!!!
Quote of the Month!**

Daphne Willard
Says

“Just when I think I’m going
to make both ends meet,
somebody moves the ends!”



**Join us for live
Entertainment, photo
booth,
Maglione’s Ice,
and more!!**





Labor Day: How it Came About; What it Means

Labor Day, the first Monday in September, is a creation of the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well being of our country.

The First Labor Day

The first Labor Day holiday was celebrated on Tuesday, September 5, 1882 in New York City, in accordance with the plans of the Central Labor Union. The Central Labor Union held its second Labor Day holiday just a year later on September 5th, 1883. In 1884, the first Monday was selected as the holiday, as originally proposed, and the Central Labor Union urged similar organizations in other cities to follow the example of New York and celebrate a “workingmen’s holiday” on that date. The idea spread with the growth of labor organizations, and in 1885, Labor day was celebrated in many industrial centers of the country.

A Nationwide Holiday

The form that the observance and celebration of Labor Day should take were outlined in the first proposal of the holiday - a street parade to exhibit to the public “the strength and spirit de corps of the trade and labor organizations” of the community, followed by a festival for the recreation and amusement for the workers and their families. This became the pattern for the celebrations of Labor Day. Speeches by prominent men and women were introduced later as more emphasis was placed upon the economic and civic significance of the holiday. Still later, by a resolution of the American Federation of Labor convention of 1909, the Sunday preceding Labor Day was adopted as Labor Day and dedicated to the spiritual and educational aspects of the labor movement. The character of the labor day celebration has undergone a change in recent years, especially in large industrial centers where mass displays and huge parades have proved a problem. This change, however is more a shift in emphasis and medium of expression. Labor Day addresses by leading union officials, industrialists, educators, clerics, and government officials are given wide coverage in newspapers, radio, and television. The vital force of labor added materially to the highest standard of living and the greatest production the world has ever known and has brought us closer to the realization of our traditional ideals of economic and political democracy. It is appropriate, therefore, that the nation pay tribute on Labor Day to the creator of so much of the nation’s strength, freedom, and leadership - the American worker.
















Established by NCAL in 1995, National Assisted Living Week (NALW) will be held Sept. 9-15, 2018. “Capture the Moment” hopes to inspire residents to realize their dreams and seize the day. Simultaneously, the theme also supports reflection, as residents may look back on the pivotal moments in their lives. With the theme’s word play referencing photography, residents may refer to pictures or videos from their past. The theme aims to remind assisted living staff that often the little, everyday interactions with residents can deliver high quality, person-centered care. Assisted living communities across the country are encouraged to organize activities and events during NALW that help residents celebrate their past while also enjoying the present.



Whispering Knoll Memory Care National Assisted Living Week "Capture The Moment"

Sun	Mon	Tue	We
	<p>All activities are subject to Change!</p>		<p>All out are wea permit</p>
<p>2</p> <p>9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Game! 12:15 Lunch Bunch 1:45 Bingo Fun! - GR 3:30 Lawrence Welk 5:00 Dinner Time 6:30 Evening Music!</p>	<p>3</p> <p>Labor Day! </p> <p>9:30 Breakfast Time! 10:30 Morning Exercise! 11:15 Word Games! 12:15 Lunch Bunch 1:45 "Fun Day w/ Randi Rae!" 5:00 Dinner Time 6:30 Music & Memories</p>	<p>4</p> <p>9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 Riddles! 12:15 Lunch Bunch  1:00 "Foot & Leg Massages w/ Cheryl CMT, LMT!" - GR 3:15 Relaxation Therapy 5:00 Dinner Time/6:30 Music & Memories</p>	<p>5</p> <p>9:30 Breakfast 10:30 Strength Tra 11:15 "Music Appreciation 12:15 Lunch! 1:30 "Quiet Time w/ M 1:45 Bingo! 3:15 AromaTh 4:00 "That's Enter 5:00 Dinner Prep / 6:30!</p>
<p>9</p> <p>Grandparent's Day! </p> <p>9:30 Breakfast Time! 10:30 "Morning Music" 11:00 - 2:00 "Grandparent's Day Celebration w/Joe Paris, -AL Lobby/ S1 & Cy 3:30 "Afternoon Courtyard Walk!" - Cy 5:00 Dinner Time! 6:30 Evening Music</p> <p> </p>	<p>10</p> <p>Rosh Hashanah </p> <p>9:30 Breakfast Time! 10:30 "St. Helena's Church" Catholic Mass - S1 12:15 Lunch Bunch 1:45 "Ed Goldberg & The Odessa Klezmer Band!" 4:00 "Frank Sinatra!" 5:00 Dinner Time / 6:30 Music & Memories</p>	<p>11</p> <p>Patriot Day! </p> <p>9:30 Breakfast Time! 10:30 "Salute to 911" w/Mike, Violinist & Norine, Harpist 12:15 Lunch Bunch 1:45 "Anne Mazrucca Smith's Patriotic Favorites!" 4:00 "Bob Hope's Salute to the Troops!" 5:00 Dinner Time / 6:30 Music & Memories</p>	<p>12</p> <p>9:30 Break! 10:30 Strength! 11:15 "Capture the Project w/ San 12:15 Lunch 1:45 "Bingo B 3:00 Aroma 4:00 "Funniest M 20th Cent 5:00 Dinner Time / 6:30</p>
<p>16</p> <p>9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Game! 12:15 Lunch Bunch 1:45 Creative Crafts! - GR 3:30 Lawrence Welk 5:00 Dinner Time 6:30 Evening Music!</p>	<p>17</p> <p>9:30 Breakfast Time! 10:30 "Mind Joggers!" 12:15 Lunch Bunch 1:45 "Ice Cream Social!" 3:00 "Chinese Checkers!" 3:30 Ipod Therapy! 4:00 "That's Entertainment!" 5:00 Dinner Time / 6:30 Music & Memories</p> <p></p>	<p>18</p> <p>9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 Choices! 12:15 Lunch Bunch 1:45 "Alfredo DaCunha Entertains!" - DR 3:15 Relaxation Therapy 5:00 Dinner Time 6:30 Music & Memories</p>	<p>19</p> <p>9:30 Break! 10:30 Strength T 11:15 "Sociav! Ipad 12:15 Lunch 1:30 "Quiet Time w/ h 1:45 Bingo 3:15 Aroma! 4:00 "That's Enter 5:00 Dinner Prep / 6:30!</p>
<p>23</p> <p>9:30 Breakfast Time 10:30 Morning Exercise! 11:15 Word Game! 12:15 Lunch Bunch 1:45 "Ron Renninger Entertains!" 3:30 Lawrence Welk 5:00 Dinner Time 6:30 Evening Music!</p>	<p>24</p> <p>9:30 Breakfast Time! 10:30 "Mind Joggers!" 12:15 Lunch Bunch 1:45 Baseball! 3:00 "Chinese Checkers!" 3:30 Ipod Therapy! 4:00 "That's Entertainment!" 5:00 Dinner Time / 6:30 Music & Memories</p> <p></p>	<p>25</p> <p>9:30 Breakfast Time 10:30 "Morning Exercise w/ The Fitness Doctor!" 11:15 Brain Games! 12:15 Lunch Bunch  1:00 "Foot & Leg Massages w/ Cheryl CMT, LMT!" - GR 3:15 Relaxation Therapy 5:00 Dinner Time/6:30 Music & Memories</p>	<p>26</p> <p>9:30 Breakfa 10:30 Strength T 11:15 "Art Program 12:15 Lunch 1:30 "Quiet Time w/ 1:45 Bingo 3:15 AromaT 4:00 "That's Ent 5:00 Dinner Prep / 6:30</p>
<p>30</p> <p>9:30 Breakfast Time 10:30 Morning Music! 11:15 Word Game! 12:15 Lunch Bunch 2:30 Baking Fun! - CK 3:30 Lawrence Welk 5:00 Dinner Time/ 6:30 Evening Music!</p>		<p></p>	

re Community September 2018
Week September 9th - 15th
"The Moment"

Wed	Thu	Fri	Sat
<p>Outings Weather Outing!</p>			<p>1</p> <p>9:30 Breakfast Time 10:45 Morning Music! 12:15 Lunch Bunch 1:45 Qwirkle! 3:00 Afternoon Cocktails! 5:00 Dinner Time 6:30 Movie Night!</p> 
<p>Breakfast Time! Strength Training!" - GR Prayer w/ Sandra!" - GR Lunch Bunch Movie w/ Music Classics!" Bingo Fun! Arts & Crafts! Entertainment!" 6:30 Music & Memories</p>	<p>6</p> <p>9:30 Breakfast Time 10:30 "Pokeno!" - DR 10:45 Morning Stroll 12:15 Lunch Bunch 1:45 Courtyard Walk & Trivia! - Cy 2:30 "Sociavi Ipad Games!" - GR 3:30 "Harp Therapy w/ Norine - Cy 5:00 Dinner Time 6:30 Music & Memories!</p> 	<p>7</p> <p>9:30 Breakfast Time 10:30 Catholic Services - S1 11:30 "Lunch Trip to Charlie Brown's!" 12:15 Lunch Bunch 1:45 Courtyard Stroll - Cy 3:00 Chinese Checkers - GR 5:00 Dinner Time! 6:30 Lawrence Welk</p>	<p>8</p> <p>9:30 Breakfast Time 10:45 Morning Music! 11:30 "Protestant Services" - GR 12:15 Lunch Bunch 1:45 Piano Styles of Shelly Horn!" 3:00 Afternoon Cocktails! 5:00 Dinner Time 6:30 Movie Night!</p>
<p>Breakfast Time! Strength Training!" - GR Prayer the Moment Art / Sandra Frank!" - GR Lunch Bunch Movie Bonanza!" - GR Arts & Crafts! Entertainment!" 6:30 Music & Memories</p>	<p>13</p> <p>9:30 Breakfast Time 10:30 "Pokeno!" - GR 11:15 Courtyard Walk & Ipad Therapy - Cy 12:15 Lunch Bunch 1:45 "Introducing Elvis Presley!" 3:30 "Relaxing Music in the Courtyard!" - Cy 5:00 Dinner Time 6:30 Music & Memories!</p>  	<p>14</p> <p>9:30 Breakfast Time 10:30 Catholic Services - S1 12:15 Lunch Bunch 1:45 "Shay & Jay Entertain!" 2:30 Cocktail Hour! 5:00 Dinner Time! 6:30 Lawrence Welk</p> 	<p>15</p> <p>9:30 Breakfast Time 10:30 Morning Music! 12:15 Lunch Bunch 1:45 "Fun Day w/ Randi Rae!" 3:00 Cocktail Hour 6:30 Movie Night!</p>
<p>Breakfast Time! Strength Training!" - GR Prayer Ipad Games!" - GR Lunch Bunch Movie w/ Music Classics!" Bingo Fun! Arts & Crafts! Entertainment!" 6:30 Music & Memories</p> 	<p>20</p> <p>9:30 Breakfast Time 10:30 "Pokeno!" - GR 12:15 Lunch Bunch 1:45 "John Gee Accordion!" 3:30 "Harp Therapy w/ Norine - Cy 5:00 Dinner Time 6:30 Music & Memories!</p>	<p>21</p> <p>9:30 Breakfast Time 10:30 Catholic Services - S1 11:30 "Lunch Trip to Benihana!" 12:15 Lunch Bunch 1:45 Courtyard Stroll - Cy 3:00 Chinese Checkers - GR 5:00 Dinner Time! 6:30 Lawrence Welk</p>	<p>22</p> <p>9:30 Breakfast Time 10:45 Morning Music! 11:30 "Protestant Services" - GR 12:15 Lunch Bunch 1:45 Manicures! 3:00 Afternoon Cocktails! 5:00 Dinner Time 6:30 Movie Night!</p> 
<p>Breakfast Time! Strength Training!" - GR Prayer w/ Sandra!" - GR Lunch Bunch Movie w/ Music Classics!" Bingo Fun! Arts & Crafts! Entertainment!" 6:30 Music & Memories</p>	<p>27</p> <p>9:30 Breakfast Time 10:30 "Pokeno!" - GR 12:15 Lunch Bunch 1:45 "Piano Styles of Shelly Horn!" 2:30 "Sociavi Ipad Games!" - GR 3:30 "Harp Therapy w/ Norine - Cy 5:00 Dinner Time 6:30 Music & Memories!</p> 	<p>28</p> <p>9:30 Breakfast Time 10:30 Catholic Services - S1 12:15 Lunch Bunch 1:45 Courtyard Stroll - Cy 3:30 Uno Fun! 5:00 Dinner Time! 6:30 Lawrence Welk</p> 	<p>29</p> <p>9:30 Breakfast Time 10:45 Morning Music! 12:15 Lunch Bunch 1:45 "4 Way Game!" 3:00 Afternoon Cocktails! 5:00 Dinner Time 6:30 Movie Night!</p> 
			

**Employee
of the Month**

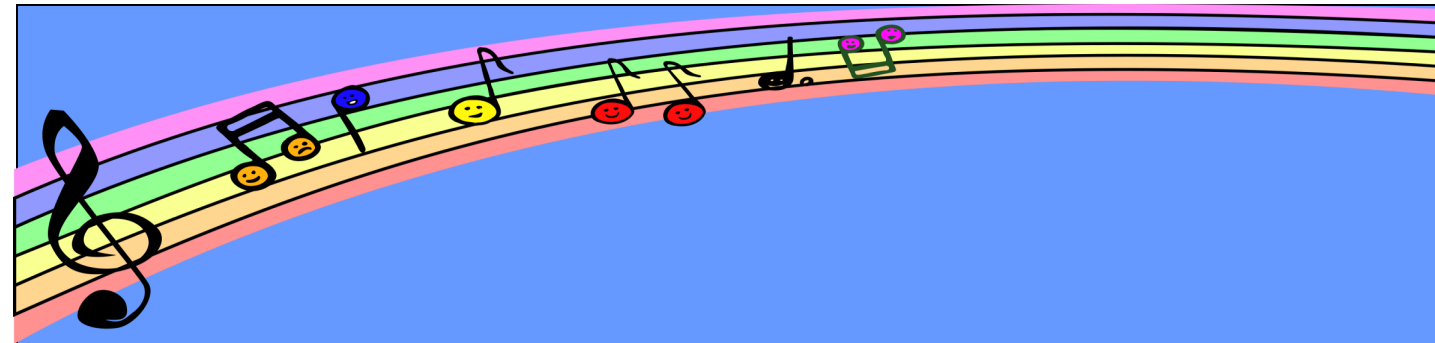
**Congratulations
Employee of Month!!**

SEPTEMBER WINNER!!

“Ketlove Dime!”

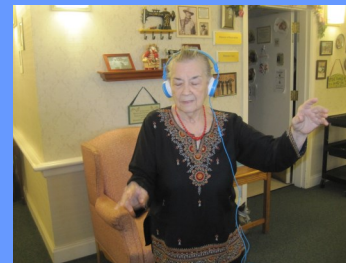
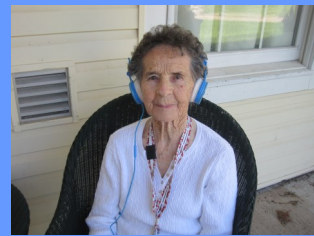
Resident Comments:

“She goes above and beyond assisting in the care for my needs and is often seen helping and assisting other residents who need help, even when not asked to. Works hard and diligently in all aspects of her position and more. She shows above and beyond her commitment to the services she performs. I recommend her highly as the employee of the month.”



Ipod Therapy News!

Our residents love listening to their favorite tunes with their own personalized Ipods & headphones!!



What Is iPod Music Therapy?

iPod music therapy is simple: Through headphones, the person with dementia listens to music downloaded onto an iPod or MP3 player.

The iPod and headphones make all the difference, compared with music played by the nursing home from overhead speakers or from a tape player sitting in the patient's room, says Dr. Hitchcock.

“With the headphones, all the person hears is the music. The outside distractions, such as loudspeaker announcements or people talking nearby, are blocked out,” says Dr. Hitchcock.

The clarity of sound provided by the iPod coupled with the headphones allows the person with dementia to focus on the music and the memories associated with it.



**Whispering Knoll Assisted Living
62 James Street
Edison, NJ 08820**

**Phone (732) 744 - 5541
Fax (732) 549 - 3812**

Administrative Staff

**Amy Stark
Executive Director**

**Deanna Krossen
Assistant Executive Director**

**Hanh Truong, RN
Director of Wellness**

**Bill Gregan
Director of Building Services**

**Wilkinson Agenor
Director of Dining Services**

**Michele Chihadeh
Director of Recreation, Memory Care**

**Diandra Lynes
Director of Recreation, Assisted Living**

**Madeline Torres
Administrative Assistant**

**Angela Micheludis
Lead Concierge**

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